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Threads of a Silent Struggle

Jasiya Manzoor Makroo

In quiet dawn, she starts her day,
With trembling hands, she wipes away,
The grains of rice, so pure and white,
For guests who come in joy and light.

She stirs the pots of Wazwan fair,
With every spice, her silent prayer.
For in each dish, a love she pours,
For the daughter soon to leave her shores.

She tends the guests, their children fed,
Her heart so full, her soul outspread.
Arranging mehndi, songs and night,
Yet in her eyes, a fading light.

The day has come, her child must part,
A bittersweet pull tugs her heart.
But brave she stands, her smile so warm,
Hiding the storm, shielding from harm.

For in the silence of her soul,
She knows this path, the destined role.
Parents endure, with hearts so wide,
Their strength, their tears, they hide inside.

And though her child will leave her side,
A mother's love is never denied.
She watches from afar, yet near,
Her brave heart strong, her love sincere.

She was my world, my soul, my care,
Now in your hands, her life I share.
A bond so deep, yet still I know,
It's time for her to rise, to grow.

Treat her with kindness, hold her near,
In every joy, in every tear.
For though I give, I do not part,
She carries still, a piece of my heart.

I send her forth, with love untold,
Her hand in yours, so brave, so bold.
And though I watch from far away,
In you, her future lights the way.

My daughter, a blessing I give to you,
May you be her strength, her shelter too.
Respect her heart, so gentle and true,
And in her modesty, always renew.

Never let her face the dark alone,
In love and kindness, let it be shown.
For together, you both shall grow,
In every high and every low.

For you both, my blessings will remain,
Through joy and sorrow, through loss and gain.
In God's hands, may you always shine,
Forever bound by divine love.

Bio:

Jasiya Manzoor Makroo from Jammu and Kashmir (India) completed ph.D in English Literature from Amity University . She has completed bachelors in arts along with Master's in English Literature and B.ed from University of Kashmir. She has published research papers in Scopus Indexed Journal, Web of Science, UGC care journal, national and international journals entitled "Exploration of Self-identity and Searches for One's Root in Haruki Murakami's Novel 'Men Without Women'", "A Study of Trauma in Connection With Psychological Apparatus of Postmodern Age", "Psychological Struggle: The psychotic turbulence in Youth: An Understatement of the Prevailing Problem in Generational Growth Under the Lenses of Haruki Murakami", "Schizophrenia: A Disruptive Knowledge of Psycho Symptomatic Self, a Challenge to Cognitive Apparatus of Mind and a Manifestation of Myth Encouraging Denial and Isolation in Works of Haruki Murakami", " Human Nature: A Case of Sensitivity and the Understanding of Multiple Dimensions of Being in Concern to Postmodern Life and Literature", "Dynamic Sensibility: A Study Of Human Nature And

Emotional Variation In Concern To Anxiety And Psycho Neurological Analysis In The Works Of Haruki Murakami”, and “Haruki Murakami's "After Dark": Ephebiphobia forms and Psychological transformations”.

Being an ISEL member and reviewer of Scopus-index journal titled: Psychological Trauma: Theory, Research, Practice, and Policy She has published poems in national and international journals. To further her influence, she has presented many papers in Scopus proceeding conferences, national and international workshops and seminars. Her area of interest in literature is postmodern anxiety and psychological degeneration in concern to age.