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## Echoes of Eden

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Assistant Professor

In days of old, where Puritans dwelled,  
A life of simplicity, hearts compelled.  
No grand feasts or fashions bold,  
But virtues pure, more precious than gold.

With modest dress and humble air,  
Living lives with utmost care.  
No parties loud, no colours bright,  
Yet spirits shone with inner light.

Good manners guided daily life,  
In every act, hearts were rife.  
Cherishing truth, hard work, and grace,  
In simple living, they found their place.

In peaceful homes, hearts aglow,  
Gentle ways would surely show.  
That joy is found in humble means,  
In quiet days and simple scenes.

Let us learn from lives so pure,  
That happiness can still endure.  
In modesty and honest strife,  
In the simple, good, and gentle life.

Going to church daily, Bible in hand,  
To repent before God, sins of man.  
Heads bowed low, hearts sincere,  
Seeking grace, paths made clear.

In humble prayer, finding peace,  
From worldly woes, seeking release.  
To console God, they kneel and say,  
"We have sinned," hearts in dismay.

Lives framed by discipline's strength,  
Battling sin with steadfast length.

No idle words, no needless jest,  
In solemn vows, faith expressed.

Homes, simple yet filled with love,  
Reflections of grace from above.  
In every task, finding worth,  
Through honest toil, blessing the earth.

With each dawn, a new day starts,  
Hope renewed within faithful hearts.  
Helping neighbours, sharing the load,  
Walking together on a righteous road.

Through trials faced, standing as one,  
Steadfast faith like the morning sun.  
In service true, lives are spent,  
Testament to intent.

Let us honour their legacy,  
In simplicity and piety.  
For in their ways, we all can find,  
A path to peace, heart and mind.

In your love, we find our peace,  
Where doubts and fears forever cease.  
In every prayer, in every plea,  
Oh God! Your love endures eternally.

**Bio:**

Jasiya Manzoor Makroo from Jammu and Kashmir (India) completed ph.D in English Literature from Amity University Lucknow Campus (UP). She has completed bachelors in arts along with Master's in English Literature and B.ed from University of Kashmir. She has published research papers in Scopus Indexed Journal, Web of Science, UGC care journal, national and international journals entitled "Exploration of Self-identity and Searches for One's Root in Haruki Murakami's Novel 'Men Without Women'", "A Study of Trauma in Connection With Psychological Apparatus of Postmodern Age", "Psychological Struggle: The psychotic turbulence in Youth: An Understatement of the Prevailing Problem in Generational Growth Under the Lenses of Haruki Murakami", "Schizophrenia: A Disruptive Knowledge of Psycho Symptomatic Self, a Challenge to Cognitive Apparatus of Mind and a Manifestation of Myth Encouraging Denial and Isolation in Works of Haruki Murakami", "Human Nature: A Case

of Sensitivity and the Understanding of Multiple Dimensions of Being in Concern to Postmodern Life and Literature”, “Dynamic Sensibility: A Study Of Human Nature And Emotional Variation In Concern To Anxiety And Psycho Neurological Analysis In The Works Of Haruki Murakami”, and “Haruki Murakami's "After Dark": Ephemiphobia forms and Psychological transformations”.

Being an ISEL member and reviewer of Scopus-index journal titled: Psychological Trauma: Theory, Research, Practice, and Policy She has published poems in national and international journals. To further her influence, she has presented many papers in Scopus proceeding conferences, national and international workshops and seminars. Her area of interest in literature is postmodern anxiety and psychological degeneration in concern to age.